



*WHO IS TUNJA MORTON*

I am a 25-year veteran educator, a Milken Award winning National Board Certified Teacher, author and life coach.

I earned a Business Marketing Degree from Mississippi State University, a Master's Degree in Education from Jackson State University and a Specialist Degree in Education from Mississippi College.

After earning my degrees while teaching middle school math for 15 years – I entered the world of personal development coaching to explore my passion for helping people improve their personal wellbeing and overall quality of life.

## *WHAT IS TEACHERKEEPERS INSTITUTE*

Teacherkeepers Institute is a premier personal wellbeing organization that focuses its energy, expertise and efforts on helping career professionals prioritize real self-care.

The institute thrives in helping career professionals create a self-care plan that reduces the stress that comes from emotional dissatisfaction so they can enjoy a calm, relaxed life from the inside out.

**At Teacherkeepers, we create spaces where employees are seen (acknowledged), safe (respected as professionals) and supported (provided the tools and strategies needed to thrive).**

## *OUTCOMES FOR ORGANIZATIONS AND DISTRICTS THAT PARTNER WITH TEACHERKEEPERS*

Increased **comradery and connectivity** among colleagues to produce a **positively charged climate and culture**

Improved **employee emotional well-being** and **positive mental attitude**

Increased use of **effective self-care**

Decreased effects of **compassion fatigue**

Increased **employee retention** and **attendance**